



Do you have a specific training goal to achieve?

Are you tired in preparing food for your training scheme?

Do you want to make sure the nutrition composition of each meal you have?

Are you looking for a quick way to obtain your nutrition needed?

NOW, with MEALTHY, you can solve all your problems above.

MEALTHY is a new food preparation service in Hong Kong to provide an EASY, QUICK and SAFE way for Gym-Junkies, Active Sportsmen and Business Professionals to obtain healthy meals every day. We believe that a planned scheme with precise nutrition intake is the key to reach your goal.

How It Works?

1

Choose a scheme

Eagle

(Gain Muscle)

Swallow

(Get Lean)

2

Choose meal plan

2 Meals/day

4 Meals/day

For trial?

3

Order and make payment Meals are delivered to you *

Heat and Enjoy!

Sure, we promise.

Made to Order

Use Only Fresh Ingredients

Use Olive Oil

No Canned Food

No Trans Fat

No MSG, Artificial Flavorings, Colorings or Preservatives